Treatment Focused Instructor:

Dr. Tal Araten Bergman

Course Description:

Treatment Focused is included in a group of theoretical models and methods that have passed through the world of therapy in recent years. These methods have now become the most common and accepted approach in public welfare services.

In the course, we will examine the central approaches in short-term therapy, in an attempt to understand their essence and how they can be conducted in the focused treatment framework. The discussions will be based on reading material and case studies to be presented.

We will focus on the common and unique aspects of these focused methods, as well as emphasizing critical and practical thinking.

Course Objectives:

The course will focus on the essence and characteristics of focused treatment, through a theoretical examination and practical discussion of different methods.

Responsibilities in Lectures: Attendance is mandatory. Absence of more than two meetings will prevent the student from completing the course. Mid-semester exercise 20%, participation in the final examination, which will be based on the lecture material and the bibliographic material.

Communication and Information:

Registration with the day office is scheduled in advance, between the hours of 9:41-10:24 in room 001 in towers. Telephone 8526-828 or via email t_araten@yahoo.com

Deadline for Applications: 828-8526

Date and Time: Sunday, 0:00 - 12:00 between 100 and 110 students can register for this course, Information via email t_araten@yahoo.com

Phone: 972-4-824-0368 E-mail: FWRK607@UVM.HAIFA.AC.IL Fax: 972-4-824-6832


Skills for not knowing:
Getting started: how to pay attention to what the client wants.


How to amplify what clients want: the miracle question
Exploring for exceptions: building on client strengths and successes.

Formulating feedback for clients

Later sessions: finding, amplifying and measuring client progress


Reid, W.J (1997). Long-term trends in clinical social work. Social Service Review. 71(2) 200-213,